

June is Recreation Month

Recreation
For Every Age
At Every Stage



Juin est le mois des loisirs

Les loisirs...
à tout moment
pour les petits et
les grands



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>June 2011</h1>			1 Family Recreation Night 5:30—7:00 PM Gym	2 Cardio Core Fitness Class 7:15 PM	3	4
			5	6 Cardio Core Fitness Class 6:00 PM	7 Kids Rock!! Wall Climbing 6:00 PM GYM	8 Family Recreation Night 5:30—7:00 PM Gym
12	13 Cardio Core Fitness Class 6:00 PM	14 Kids Rock!! Wall Climbing 6:00 PM GYM	15 Family Recreation Night 5:30—7:00 PM Gym	16 Cardio Core Fitness Class 7:15 PM	17 Military Sports Tabloid Field Day	18
19	20 Cardio Core Fitness Class 6:00 PM	21 Kids Rock!! Wall Climbing 6:00 PM GYM	22 Family Recreation Night 5:30—7:00 PM Gym	23 Cardio Core Fitness Class 7:15 PM	24	25
26	27 Cardio Core Fitness Class 6:00 PM	28 Kids Rock!! Wall Climbing 6:00 PM GYM	29 Family Recreation Night 5:30—7:00 PM Gym	30 Cardio Core Fitness Class 7:15 PM		

Pick up your Live it Everyday Passport @ Front Desk of Fitness and Wellness Centre for a chance to win Active Living Prizes