

3rd Annual

Fall Family Run

Non Competitive Timed Event
10km 5km 1km

designed by  Speedpro Signs



Health & Fitness
FOR LIFE

Sunday October 16

Start / Finish
Petawawa Civic Centre



Come and be active with your family!

Fun, Fit Activities from 10am-1pm

Early Bird Registration September 30, 2011

Advanced registration at: www.runningroom.com

Registration can be electronic or can be dropped off at
Dundonald Hall, CFB Petawawa prior to event.

Day of registration at the Petawawa Civic Centre

Proceeds to benefit Renfrew County Active Living Projects

for more info call Kelly at 613-687-5678 ext. 25 or visit www.petawawa.ca



Free "Tuber'z"
with each 5k &
10k early bird
registration!