



National Coaching Certification Program

COMPETITION: INTRODUCTION PART B

Learn how to teach athletes of all ages basic sports skills and improve performance at a competitive level. Course includes Making Ethical Decisions, Planning a Practice and Nutrition.

FEBRUARY 4 & 5
9-4pm Cost \$120 + HST
South Side Community Centre

**Register at
PSP Online
or at the Recreation Complex.**

For more info call 613-687-2932

