

Community Recreation
In Conjunction With
Health Promotion,
Challenge You To:



SWIM LOCH NESS

START DATE ON OR AFTER 11 Jan 2012 END DATE 30 Apr 2012

PSP challenges 15 Wing to conquer Loch Ness! Loch Ness is a large, deep and freshwater lake in the Scottish Highlands. Loch Ness is best known as the home of Nessie the Loch Ness Monster. See if you can be a monster in the pool and swim Loch Ness!!

Start the 36.37 km swim and keep track of your laps or distance. Pick up a form at the PSP Information Kiosk, 15 Wing Pool or at www.cfcommunitygateway.com. You could win great prizes for any distance!!!

For more information contact:
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