

PSP Fitness Staff's

15 Wing Star of the Month

This award is a monthly recognition of members of the 15 Wing Community* who have made contributions to the overall fitness and well-being of 15 Wing. These contributions go above and beyond regular expectations. Often these individuals have had an impact not only on their own health and fitness but have inspired others to do the same.

The Fitness Staff of 15 Wing would like to recognize their efforts and encourage others to take inspiration from these individuals to make a difference of their own. *Each recipient will receive a certificate signed by the Wcomd and PSP Mgr, as well as a prize.*

*Nominees can be either military or civilian.

Please send your nominations to the PSP Fitness Staff!

You may email your nominations or fill out a nomination form, which can be found at the front desk of the Recreation Centre, or at the fitness unit desks.

Nominations must include the member's name, unit (if applicable), and what their contributions are.